



## Prep Tuckshop Menu (Term 2, 2018)

### BREAKFAST MENU (Please check available dates in Online Order)

#### Breakfast

Fresh Muesli Pot with Passionfruit	3.00
Fresh Muesli Pot with Mixed Berries	3.00
Raisin Toast (2 slices)	3.00
Bacon & Cheese Muffin	3.50
Bacon & Egg Muffin	3.50
Hash Brown	1.30
Muffin	2.00
Egg, and bacon breakfast wrap (gf)	3.50
Low fat Yogurt with berries	2.50
Fresh fruit salad tubs	2.50

Water – 600ml	2.00
Plain Milk – 300ml	1.80
Strawberry Milk – 300ml	2.80
Chocolate Milk – 300ml	2.80
Nudie 250ml	2.50

#### Sandwiches

Ham, Cheese & Tomato	4.00
Chicken, Cheese & Tomato	4.00
Vegemite	2.50

#### Toasted Sandwiches

Ham & Cheese	4.00
Chicken & Cheese	4.00

#### Online Orders

Please place your order online via myChurchie. No cash sales at counter.

**Cut off time: 6a.m. on the order date**

Please note: Sandwiches are made on wholemeal bread. However, white bread and gluten free bread is available on request.



#### Drinks

We aim to provide healthy and tasty food. We use fresh ingredients, lean meat, oven baked instead of deep fry and low fat cheese.