



Viking Café Lunch Menu (Term 2, 2018)

Sandwiches

Chicken & Salad	4.0
Tuna & Salad	4.0
BLT (Bacon, Lettuce & Tomato)	4.0
Ham, Cheese & Tomato	4.0
Ham & Salad Wrap	5.0
Egg mayonnaise with lettuce	3.5
Chicken Caesar wrap	5.0

Toasted Sandwiches

Ham & Cheese	4.0
Ham, Cheese & Tomato	4.0
Chicken & Cheese	4.0
Raisin Toast (2 slices)	3.0

Please note: Sandwiches are made on wholemeal bread. However, white and gluten free bread is available on request.

Sushi Roll

California	2.8
Honey Soy Chicken	2.8
Teriyaki Chicken	2.8
Teriyaki Beef	2.8
Tuna	2.8
Avocado	2.8

Healthy Salad Bowls

Chicken & Garden Salad	6.0
Pumpkin, Feta, Baby Spinach	6.0
Chicken Caesar Salad	6.0

Fruit

Watermelon Tubs - Small	1.8
Fresh Fruit Salad Tubs	2.5

Snack Attack

Fresh Muesli Pot with passionfruit	3.0
Fresh Muesli Pot with mixed berries	3.0
Yogurt with fruit puree/berries	2.5
Banana Bread	2.0
Muffin	2.0
Cheese & Vegemite Scroll	2.5
Chocolate Chip Cookies	1.5

Drinks

Mt Franklin Water – 600ml	2.0
Mt Franklin Sparkling	2.5
Pump Water – 750ml	3.5
Plain Milk – 300ml	1.8
Plain Milk – 500ml	2.8
Flav Milk – 300ml	2.8
Flav Milk – 600ml	4.3
Nudie 250ml	2.5
Up & Go	2.5

Ice Blocks

Mini Calippo 50ml	0.8
Icy Twist	1.2
Paddle Pops	1.5
Paddle Pop Cup	2.5
Frozen Yogurt	1.5
Everest Vanilla Cup (gf)	1.0





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Hot to Go

Junior Chicken Burger	4.0
Junior Beef Burger	3.5
Small Pizza Baguette	2.5
Jacket Potato with Baked Beans	4.0
Jacket Potato with Savory Lean mince	4.5
❖ Please pre-order your jacket potato with Viking Café by email or in person	

Sauces

Tomato/BBQ	0.3
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100% Cashless

Churchie students and staff, please pay by your student or staff card at counter. Top up your account via myChurchie.

Daily Special

Monday

❖ Cottage Pie topped with vegetables and sweet potato mash (v)	5.3
❖ Macaroni Carbonara	5.3
❖ Grilled Chicken Ranch wrap (gf available)	5.0

Tuesday

❖ Penne Pasta Bolognese	5.3
❖ Lean Beef and light cheese quesadilla with black beans	5.3
❖ Vegetable Nasi Goreng	5.3

Wednesday

❖ Roasted beef, cheese, tomato, spinach, chutney toasted focaccia	4.8
❖ Peri Peri Chicken with grilled corn, pumpkin and sweet potato with yoghurt dressing	5.3
❖ Viking pizza with shredded chicken, mushrooms, capsicum and pineapple	4.5

Thursday

❖ Light coconut chicken korma with spinach and potato, served with basmati rice	5.3
❖ Wok fried vegetables and rice noodles with shredded egg (v)	5.3
❖ Mexican nachos with light cheese	5.0
❖ Crispy grilled chicken tortilla	4.5

Friday

❖ Penne Pasta Bolognese	5.3
❖ Roasted vegetables and tomato pasta bake (v)	5.3
❖ Wedges with low fat sour cream & sweet chili sauce	5.0
❖ Buffalo grilled chicken sub	4.5